



Reasons Why We Lose Our Passion for God:

Lack of Balance

If you're overworked or you are underworked, you're going to lose your passion for life and lose your passion for God. Exodus 20:8-10a - ⁸ "Remember the Sabbath day by keeping it holy. ⁹ Six days you shall labor and do all your work, ¹⁰ but the seventh day is a Sabbath to the Lord your God. On it you shall not do any work (NIV)." You need both rest and work. And too much of either will cause you to lose your passion. Too much work will cause you to lose your passion. Too much of resting will cause you to lose your passion. If you never take time to recharge, you're imbalanced on the ministry side, on the work side, you're going to eventually get Compassion Burnout.

Lack of Productivity

Talent that is not used will cause you to lose your passion for life and God. 1 Peter 4:10 - "Each of you should use whatever gift you have received to serve others, as faithful stewards of God's grace in its various forms (NIV)." God gave you talents, abilities, personality, gifts for other people's benefit. Your gifts are not for your own pleasure and benefit. My gifts are for your benefit. Your gifts are for my benefit. You are to use those gifts in the service of other people. God has given you a special role in this world. He wants you to make a contribution with your life.

Lack of Integrity

This is a big one. Guilt robs us of joy, confidence, and passion. Here's the problem: We don't walk around thinking, "I have a sin in my life. I am a guilty person." No, we rationalize why we committed sin. Consciously we think, "It's ok because everybody is doing it. It's no big deal." But subconsciously it eats us alive. Subconsciously whenever it gets quiet, guilt pops into your mind. Subconsciously right now as I'm talking about it, it begins to pop into your mind. Here's the truth about us as human beings: We cannot feel passionate and guilty at the same time. Psalm 38:4,6 - ⁴ "My guilt has overwhelmed me like a burden too heavy to bear ... ⁶ I am bowed down and brought very low; all day long I go about mourning (NIV)."

Lack of Peace

Trouble just drains the passion right out of you. Do you ever start a day and it's going to be a great day...you know it. You just get out of bed. You're ready for the day...shower...breakfast. You're on the way out the door and suddenly you have a fight with your husband or your wife. All the joy and peace are gone. It's like the air going out of a tire when trouble or conflict comes. That's what trouble does to us. It takes all the passion out of our lives. Your attitude all of a sudden just goes flat.

Lack of Support

Sometimes you lose passion for God because you're not spending time around other people who have a passion for God. You're not spending time around other Christians. You're not getting any fellowship. Two are better than one, because they have a good return for their labor: ¹⁰ If either of them falls down, one can help the other up. But pity anyone who falls and has no one to help them up. We need each other. We all fall sometimes. We all stumble at times. So we all need people to help us up in our lives.

Lack of Purpose

When you forget the purpose of your life that is a sure way to kill your passion for life and for God. If you don't know the purpose for life, why bother? Why get up in the morning? Why put forth the effort? Why get out of bed? Life without purpose is activity without direction. It's motion without meaning. Life without purpose is trivial, petty, and pointless. Passion and purpose go together. When you have a clear purpose it's going to give you a lot of passion. But it's got to be God's purposes for your life. The more you understand God's purposes for your life and the more you live those purposes the more passionate you're going to be.

Lack of Growth

Every day you can face all kinds of circumstances that will discourage or pull you down. When you wake up tomorrow morning, you can have distractions and disappointments. You can have conflicts, changes and challenges. You can have problems and pressures. You can have frustrations, fears, failures, and fatigue. All of these things can fall into your lap, and it will shrink your heart spirit. So you must intentionally nourish your spirit. If you don't do it, nobody else is going to do it for you. Yes, you have pastors and LIFE group leaders, but if you don't want to, we can't help you. Nobody else is going to nourish your spirit but you. So if you don't take the time to nourish yourself spiritually, life challenges can eat you up.

Five ways to nourish your spirit:

- You need times of worship with God everyday, where you get to know Him.
- You need fellowship with other believers.
- You need to read God's word and grow to be more like Christ.
- You need to have a ministry where you're using your talents to help other people.
- You need a mission in the world where you're sharing your faith.

If you just choose one of those ways and forget the others, you're going to be imbalanced and you're going to lose your passion.



1. Among the reasons, we lose our passion for God listed above, which of it are present in your life and situation today?
2. How does it feel when your passion for God is weakened?
3. How do you intend to make your passion for God burning always?